



Saint Joseph's Parish

Box 1429 2994 Burrard Ave. Vanderhoof BC V0J 3A0

5th Sunday of Easter, Year C | May 15, 2022

I WILL BLESS YOUR NAME FOR EVER, MY KING AND MY GOD.

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Secretary: Julie Kulchar
Parish Phone:
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Parish Fax:
250-567-9115
Office Hours:
Tues 1-4:30pm
Thurs & Fri 1-4:30 pm
Sacraments:
Holy Mass
Sat 5:00 pm
Sun. 9:30 am
Saik'uz 12 noon
Daily Mass
Tues-6:30 pm
Wed--Fri 9:00 am
Reconciliation
by appointment
Baptism
Contact the Parish Office
Matrimony
Contact the Parish Office

Knowing his time was limited and that his hour had come, Jesus spoke directly to the heart of the matter. It was a simple commandment: "Love one another."

It was not the first time he had spoken about love. Jesus had offered clear instructions about loving God—above all else. He taught about loving neighbour, loving enemies and doing good to those who inflicted harm. He had been very direct about refusing to hate or seek revenge.

Is it even possible to truly love someone who has trespassed against us or someone we hold dear? What is the best way to be loving, fair and kind? We might consider the Gospel for the 3rd Sunday of Easter as an example, where Jesus offered Peter a way back from betrayal. Surely the life of Jesus can guide us.

With God's grace, we can learn to trust the Spirit's quiet inner voice. Listening attentively, we can carefully make our way through times of confusion and struggle to become more faithful disciples. Jesus promises, "See, I am making all things new."

As bread and wine are blessed and shared around the altar, we are strengthened to live a life centered in love. It was said of the early Christians, see how they love one another. May it also be true of us.

Brenda Merk Hildebrand St. Joseph's Missal pg. 393

*"O sing a new song
to the Lord, for he
has worked
wonders; in the
sight of the nations
he has shown his
deliverance,
alleluia."*

Psalm 97.1-2



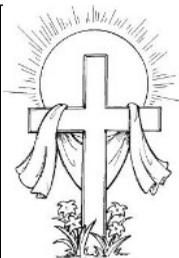
St. Joseph's Parish-Vanderhoof



Holy Trinity
Church
Mission
Saik'uz



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No pain, no gain. We are reminded today that spreading the word about Christ did not go smoothly in the early church. Understanding and accepting Jesus was a slow and often unsuccessful process. It may seem different now, but if we consider our own questions and struggles with faith, we realize that our commitment is not formed overnight. It is often subject to life circumstances that challenge our faith. Pope Francis in the Joy of the Gospel #61-64 says we are 'culturally malformed' in four ways: widespread indifference, seduced by the superficial, a faith reduced to the private and personal, bombardment with indiscriminate information. We need to commit ourselves intentionally to the spreading of the Good News. **Homework:** Pick one of the topics identified by Pope Francis and reflect on it.

May is the month of MOMS, Mary and the rosary. Mother's Day was last Sunday. The month of May has a tradition of supporting special devotions to our Lady, recognizing her specifically as Queen of Heaven and Earth and as the Mother of God (January 1 is the specific feast to this title.) Asking for Mary to intercede for us is a virtuous act: it recognizes her special role in God's plan of salvation and it humbles us. We will be praying one decade of the Rosary as a meditation after communion to practice 'asking' Mary to help us to be closer to Jesus whom we have just received in Holy Communion.

Rosary, a meditative prayer. The way to pray the rosary is by meditating on a thought while reciting the prayers in a trance like mode. The thought is introduced as the mystery and the rosary is divided into 4 sets of five mysteries: The Joyful, Sorrowful, Light, and Glorious Mysteries. The prayers recited like a mantra are the Our Father, Hail Mary, and Glory Be. As the prayers are recited, let God reveal things to you in the mystery being meditated upon.

Morning Glory: mini retreat to get to know Mary better during May, the month of Mary; log onto the free parish platform FORMED.

WORKBEE CAMP MORICE: Saturday, May 14; thank you to everyone who helped.

DIOCESAN YOUTH CONFERENCE: last weekend; thank you to everyone who attended and thank you to the Diocese for supporting this event.

Transformed lives, transforming community: (mission statement for evangelization); I had suggested that people keep a journal during Lent of God's actions in your life; keep the journal going through Easter, and when appropriate, we would like to include stories of transformation on our website.

PARISH ACTIVITIES : Grounds Clean-up; Saturdays from 10 to noon, cleaning up the branches.

PARISH ACTIVITIES : SACRAMENTAL PREPARATION : has begun; keep the candidates for Reconciliation, Eucharist, and Confirmation in your prayers; preparation is Saturdays from 3:15 to 4:45;

QUIET PARISH HEROS : the grounds are looking so good; thank you to those who come on Saturday mornings to clean up.

A New Commandment

"Love one another as I have loved you."



"A new command I give you: Love one another. As I have loved you, so you must love one another." John 13:34

The puzzle is based on John 13:31-35 (NIV).

C A M L J E W S A R P G O G F
 N Q V N U J K R U G D U E K D
 M B B G J M J J Y M B H L J Q
 C U M C L P Y J X D J L O L N
 N V L H D O N Y F N E G G A N
 X K R K P D R L S Q S A I E R
 A N F E J I K I P P U R R E Z
 R O J P A S L J F U S D H S D
 S W Z Z K C G Q H Y L T U N E
 L Y M O X I L K W I O G A O E
 G O E N L P O B H N Z M D V Y
 G I N O S L O C A D M L O S G
 S G V G E E K P U O O L Z M P
 F N T E E S N Q C T Z I T E B
 F A X R K R X L I T T L E J D

COMMAND	KNOW	DISCIPLES	ANOTHER	GLORIFY
TOLD	JESUS	CHILDREN	JEWS	LITTLE
LOOK	LONGER	MEN	LOVE	GIVE

Wednesday's child is full of woe...

Grief arises out of many events.

The last two years have created opportunities for many of us to experience losses: physical, mental, social, emotional, spiritual, cultural/community.

Since we often hold losses in our bodies, movement in a mindful way can help us **heal**; and experiencing this in a group format can help us **re-connect**.

Join me as I guide you through an intentional therapeutic group process that uses movement to connect us to our bodies and the world around us. All adults welcome.



4 – one hour sessions

Wednesdays: June 1, 8, 15, 22

7-8pm St. Joseph's Parish Centre Gathering Room

\$80 email: vhfcounselling@outlook.com to register

Counselling Leigheasach

(Gaelic: sounds like Lisa, means medicine)

I give you a new commandment: love one another just as I have loved you.

John 13:34

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Parish Prayer Requests

Brenda Antoine,
Mackie Basil,
Cooper Cursley,
Leland Funk, Gemma
Gillis, Brent Gray,

Ellen Haynes,
Patrick Irving,
Jennifer Lock,
Rose Marie MacDonald,
Della Morin, Eunice
Nash, Michael Nelson,
Ruby Irene Patrick,
Virginia Power,

Dorothy Ranck, Lillian
Sam, Ian Scott, Madeline
Scott, Madison Scott,
Clark Todd,
Bill Urquhart,
Mike Van Dusen,
and for all who are in need
of God's healing grace.